

**You Me & Tai Chi**

**By Mr Howard Gibbon**

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You Me & Tai Chi is not a training manual but a viewpoint developed through personal experience and observations Howard Gibbon, June 2011 Imprint: Smashwords Edition.

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This is the biography page for Howard Gibbon. Howard has also conducted seminars for the Education Service, Mental Health Authorities,

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Having taught Tai Chi for the past 36 years Howard has guided many students to Instructor levels and continues You me & Tai Chi by Mr Howard Gibbon (Mar 10, 2013)

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About Master Howard Gibbon; About Master Howard Gibbon. Howard Gibbon was born in Hull in 1946 and began training under Chee Soo from You Me & Tai Chi

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Howard Gibbon was born in Hull in 1946 and began training under Chee Soo in 1973. Howard is also the author of the Amazon Kindle book You Me & Tai Chi

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